

INDIAN HEALTH SERVICE / BUREAU OF INDIAN AFFAIRS



2010 NATIONAL BEHAVIORAL HEALTH CONFERENCE

*A Shared Vision: Past, Present, and Future.*

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## CONFERENCE PROGRAM

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JULY 27-29, 2010 • SACRAMENTO, CA • [WWW.BHCONFERENCE.COM](http://WWW.BHCONFERENCE.COM)

## PURPOSE, THEME, AND OBJECTIVES

The Indian Health Service and Bureau of Indian Affairs (IHS/BIA) join together this year to present the first joint 2010 IHS/BIA National Behavioral Health Conference. This event demonstrates the commitment and renewed energy of both agencies to work in partnership to actively address behavioral health disparities in Indian Country.

This year's conference theme, A Shared Vision: Past, Present, and Future, emphasizes the importance of leadership and collaboration toward improving the behavioral health status of American Indian and Alaska Native people. This focus on collaboration marks only the beginning of a much larger long-term vision, which will aim to bring the full weight of tribal leadership, programs, and resources together for the advancement of American Indian and Alaska Native behavioral health.

This conference is the nation's premiere opportunity to assemble and hear from nationally recognized speakers, behavioral health and healthcare providers, tribal leaders, and healthcare officials committed to addressing emergent behavioral health topics in Indian Country. The conference objectives are to:

- Create an opportunity to collaborate, network, and share effective strategies on behavioral health issues prevalent in American Indian and Alaska Native communities.
- Provide the most up-to-date information regarding best and promising practices on a variety of behavioral health topics.
- Increase awareness and understanding of current and emerging behavioral health programs and initiatives.
- Pursue professional development opportunities.

The conference supports the four priorities of the IHS.

1. To renew and strengthen our partnership with tribes.
2. To bring reform to the IHS, in the context of national health insurance reform.
3. To improve the quality of and access to care.
4. To make all our work accountable, transparent, fair, and inclusive.

## 2010 PLANNING COMMITTEE

The Indian Health Service wishes to thank the following individuals for their time and efforts in ensuring the success of this year's conference:

- **Ann Arnett**, Behavioral Health Consultant, Portland Area Office, IHS
- **David Atkins**, Substance Abuse Program Director, Phoenix Area Office, IHS
- **Amina Bashir**, Health Program Coordinator, Division of Behavioral Health, IHS
- **Debbie Black**, Public Health Advisor, Division of Behavioral Health, IHS
- **Julie Black Elk**, Lac Courte Oreilles Tribal Health Center
- **Shelly Carter**, Staff Assistant, Headquarters, IHS
- **Vickie Claymore-Lahammer**, Director of the Division of Behavioral Health, Aberdeen Area Office, IHS
- **Sheila Cooper**, Senior Advisor for Tribal Affairs, SAMHSA
- **LeLewis Gipp**, Substance Abuse Program Officer, Aberdeen Area Office, IHS
- **Kathleen Graves**, Director of Behavioral Health, Alaska Native Tribal Health Center
- **Kari Hearod**, Director, Windhorse Family Recovery Center Project, Choctaw Nation
- **Jackie Kaslow**, Family Prevention Specialist, California Rural Indian Health Board, Inc.
- **Deborah Kawkeka**, Social Wellness Training Coordinator, California Rural Indian Health Board Health, Inc.
- **Jackie Mercer**, Executive Director, Native American Rehabilitation Association, Inc.
- **Michele Muir**, Secretary, Division of Behavioral Health, IHS
- **Jon Perez**, National Behavioral Health Consultant, Headquarters, IHS
- **Dawn Phillips**, Behavioral Health Consultant, California Area Office, IHS
- **Peter Stuart**, National Psychiatry Consultant, Headquarters, IHS
- **Jayne Talk-Sanchez**, Behavioral Health Consultant, Navajo Area Office, IHS
- **Danny Ukestine**, Public Health Advisor, Division of Behavioral Health, IHS
- **Jolene Walters**, Director, Warm Springs Community Counseling
- **Rose Weahkee**, Director, Division of Behavioral Health, IHS
- **Linda Westover**, Behavioral Health Consultant, Phoenix Area Office, IHS
- **Bryan Wooden**, Deputy Director, Division of Behavioral Health, IHS
- **Dawn Wyllie**, Chief Medical Officer/Acting Behavioral Health Consultant, Bemidji Area Office, IHS

## AGENDA-AT-A-GLANCE

### Monday, July 26, 2010

3:00 p.m. – 7:00 p.m.	<b>Registration and Information Desk</b>	<i>Regency Foyer</i>
8:00 a.m. – 5:00 p.m.	<b>Pre-conference Meetings</b>	
	• IHS Behavioral Health Leadership	<i>Tahoe</i>
	• IHS Behavioral Health Consultants	<i>Ventura</i>
	• IHS Suicide Prevention Committee	<i>Big Sur A</i>
	• IHS Youth Regional Treatment Centers	<i>Big Sur B</i>
	• IHS/BIA Behavioral Health Leadership	<i>Trinity</i>
	• National Council on Urban Indian Health	<i>Carmel A</i>

### Day 1: Tuesday, July 27, 2010

7:00 a.m. – 8:00 a.m.	<b>Morning Refreshments</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Registration and Information Desk</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Exhibitors and Vendors</b>	<i>Regency Foyer/Corridor</i> <i>Tahoe Mezzanine</i>
8:00 a.m. – 10:00 a.m.	<b>Plenary Session #1 - Opening</b>	<i>Regency A/B/C</i>
10:00 a.m. – 10:15 a.m.	<b>Break</b>	
10:15 a.m. – 11:45 a.m.	<b>Learning Lab Sessions #1</b>	<i>See Detailed Agenda</i>
11:45 a.m. – 1:15 p.m.	<b>Lunch (On Your Own)</b>	
1:15 p.m. – 3:15 p.m.	<b>Plenary Session #2</b>	<i>Regency A/B/C</i>
3:15 p.m. – 3:30 p.m.	<b>Break</b>	
3:30 p.m. – 5:00 p.m.	<b>Learning Lab Sessions #2 and Self-care Roundtables</b>	<i>See Detailed Agenda</i>
5:00 p.m.	<b>Adjourn for the Day</b>	

### Day 2: Wednesday, July 28, 2010

7:00 a.m. – 8:00 a.m.	<b>Morning Refreshments</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Registration and Information Desk</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Exhibitors and Vendors</b>	<i>Regency Foyer/Corridor</i> <i>Tahoe Mezzanine</i>
8:00 a.m. – 9:50 a.m.	<b>Plenary Session #3</b>	<i>Regency A/B/C</i>
9:50 a.m. – 10:15 a.m.	<b>Break</b>	

## AGENDA-AT-A-GLANCE

10:15 a.m. – 11:45 a.m.	<b>Learning Lab Sessions #3 and Self-care Roundtables</b>	<i>See Detailed Agenda</i>
11:45 a.m. – 1:15 p.m.	<b>Lunch (On Your Own)</b>	
1:15 p.m. – 3:05 p.m.	<b>Plenary Session #4</b>	<i>Regency A/B/C</i>
3:05 p.m. – 3:30 p.m.	<b>Break</b>	
3:30 p.m. – 5:00 p.m.	<b>Learning Lab Sessions #4 and Self-care Roundtables</b>	<i>See Detailed Agenda</i>
5:00 p.m.	<b>Adjourn for the Day</b>	
6:00 p.m. – 7:30 p.m.	<b>Awards Ceremony Cultural Event</b>	<i>Regency A/B/C Regency A/B/C</i>

### Day 3: Thursday, July 29, 2010

7:00 a.m. – 8:00 a.m.	<b>Morning Refreshments</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Registration and Information Desk</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Exhibitors and Vendors</b>	<i>Regency Foyer/Corridor Tahoe Mezzanine</i>
8:00 a.m. – 10:00 a.m.	<b>Plenary Session #5</b>	<i>Regency A/B/C</i>
10:00 a.m. – 10:15 a.m.	<b>Break</b>	
10:15 a.m. – 11:45 a.m.	<b>Learning Lab Sessions #5 and Self-care Roundtables</b>	<i>See Detailed Agenda</i>
11:45 a.m. – 1:00 p.m.	<b>Lunch (On Your Own)</b>	
1:00 p.m. – 2:30 p.m.	<b>Plenary Session #6</b>	<i>Regency A/B/C</i>
2:20 p.m. – 2:45 p.m.	<b>Break</b>	
2:45 p.m. – 4:15 p.m.	<b>Learning Lab Sessions #6</b>	<i>See Detailed Agenda</i>
4:15 p.m. – 4:40 p.m.	<b>Break</b>	
4:40 p.m. – 5:00 p.m.	<b>Plenary Session #7 - Closing</b>	<i>Regency A/B/C</i>
5:00 p.m.	<b>Adjournment</b>	

## CONFERENCE AGENDA

### Monday, July 26, 2010

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3:00 p.m. – 7:00 p.m.    **Registration and Information Desk**    *Regency Foyer*

8:00 a.m. – 5:00 p.m.    **Pre-conference Meetings**

- IHS Behavioral Health Leadership    *Tahoe*
- IHS Behavioral Health Consultants    *Ventura*
- IHS Suicide Prevention Committee    *Big Sur A*
- IHS Youth Regional Treatment Centers    *Big Sur B*
- IHS/BIA Behavioral Health Leadership    *Trinity*
- National Council on Urban Indian Health    *Carmel A*

### Day 1: Tuesday, July 27, 2010

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7:00 a.m. – 8:00 a.m.    **Morning Refreshments**    *Regency Foyer*

7:00 a.m. – 5:00 p.m.    **Registration and Information Desk**    *Regency Foyer*

7:00 a.m. – 5:00 p.m.    **Exhibitors and Vendors**    *Regency Foyer/Corridor*  
*Tahoe Mezzanine*

8:00 a.m. – 10:00 a.m.    **Plenary Session #1 - Opening**    *Regency A/B/C*

**Traditional Opening**  
*Dean Hoaglin, Sacramento Native American Health Center, Prayer Offerer*  
*American Indian Veteran's Association – Pacific Region Color Guard Unit*  
*Sacramento Native American Health Center's Wellbriety Drum Group*

## Day 1: Tuesday, July 27, 2010 (Continued)

### Welcoming Remarks

*Reno Keoni Franklin, Chairman, National Indian Health Board*

*Yvette Roubideaux, MD, Director, IHS*

*Margo Kerrigan, MPH, Director, California Area IHS*

*Rose Weahkee, PhD, Director, Division of Behavioral Health, IHS*

*Pamela Hyde, JD, Administrator, SAMHSA*

*Kathy Etz, PhD, Program Officer, National Institute on Drug Abuse*

*Michalyn Steele, Counselor to the Assistant Secretary, BIA*

10:00 a.m. – 10:15 a.m. **Break**

10:15 a.m. – 11:45 a.m. **Learning Lab Sessions #1**

### Substance Abuse Track

#### Evidence-based Motivational Interviewing (1.5 CEs - Intermediate)

*Tahoe*

*Kamilla Venner, PhD, Center on Alcoholism, Substance Abuse, and Addictions, University of New Mexico*

#### Youth Outcome Management Systems (1.5 CEs - Intermediate)

*Ventura*

*Lynne Abeita, PhD, IHS*

*Tom Eaglestaff, IHS*

*Marvin Garcia, IHS*

*Sandra Jones, Orion Healthcare Technology, Inc.*

### Mental Health Track

#### Project Venture as a Suicide Prevention Approach (1.5 CEs - Intermediate)

*Big Sur A/B*

*McClellan Hall, MA, Project Venture*

## Day 1: Tuesday, July 27, 2010 (Continued)

**VA Program for Suicide Prevention** *Santa Barbara*  
(1.5 CEs - Intermediate)  
*Krista Stephenson, RN, MSN, Veterans Administration*

### Youth, Family, and Community Wellness Track

**Victim Services Collaboration in Indian Country** *Trinity*  
(1.5 CEs - Intermediate)  
*Roi Holt, U.S. Department of the Interior*  
*Linda Bearcrane-Couture, MSW,*  
*U.S. Department of the Interior Indian Affairs*

**Effects of Trauma on American Indian and Alaska Native Children** *Carmel A/B*  
(1.5 CEs - Intermediate)  
*Dee Bigfoot, PhD, Health Sciences Center,*  
*University of Oklahoma*

**Elder Abuse (1.5 CEs - Intermediate)** *Golden State A*  
*George Kanaqlak, University of Alaska*

### General Interest Track

**Healing the Healer: Understanding the Medicine Wheel** *Golden State B*  
(1.5 CEs - Entry Level)  
*Miguel Flores, IHS*

**Strengthening the Circle: Curriculum Development by Native Americans for HIV Prevention** *Regency E*  
(1.5 CEs - Entry Level)  
*Elton Naswood, MA, Red Circle Project*

**Behavioral Health Data Mart (1.5 CEs - Entry Level)** *Regency F*  
*Michael Gomez, IHS*

11:45 a.m. – 1:15 p.m. **Lunch (On Your Own)**

## Day 1: Tuesday, July 27, 2010 (Continued)

1:15 p.m. – 3:15 p.m. **Plenary Session #2**

*Regency A/B/C*

### **Clinician Self Care (1.5 CEs - Intermediate)**

*Corie Adikai, Turtle Mountain Band of the Anishinabe Ojibwe*

### **Native Student Graduate Panel (CEs Not Available)**

*William Shunkamolah, Indians into Psychology Program (InPsych), University of Montana*

*Kyle Hill, MA, Doctoral Student, Clinical Psychology, University of North Dakota*

*Sharon Yazzie, CATC, CCJP, Substance Abuse Counselor, United American Indian Involvement, Inc.*

3:15 p.m. – 3:30 p.m. **Break**

3:30 p.m. – 5:00 p.m. **Learning Lab Sessions #2**

### **Substance Abuse Track**

#### **Methamphetamine and Suicide Prevention in Urban Indian Communities (1.5 CEs - Intermediate)**

*Tahoe*

*Jami Bartgis, PhD, National Council of Urban Indian Health*

*Al Garcia, MSW*

*Vickie LaFromboise, MS, Native American Rehabilitation Association of the Northwest*

*Marilee Johnson-Geary, LPC-MH, South Dakota Urban Indian Health*

#### **Bridging the Gap Between Washington, DC and Local Communities: Methamphetamine and Suicide Prevention Initiative and the Use of Technology (1.5 CEs - Intermediate)**

*Ventura*

*Seprieono Locario, MA, National Indian Health Board*

## Day 1: Tuesday, July 27, 2010 (Continued)

### Mental Health Track

**American Indian Life Skills Development Curriculum (1.5 CEs - Intermediate)** *Big Sur A/B*  
*Teresa LaFromboise, PhD, Stanford University*

**Developing a Native Crisis Response Team (1.5 CEs - Intermediate)** *Trinity*  
*Susan Casias, MSW, New Mexico Suicide Prevention Coalition, Agora Crisis Center*

**Partnerships in Suicide Prevention: A Successful Collaboration in Nevada (1.5 CEs - Intermediate)** *Santa Barbara*  
*Jason Hymer, Injury Prevention Coordinator, IHS*  
*Cassandra Darrough*  
*Misty Vaughan Allen, MA, Native American Rehabilitation Association of the Northwest*  
*Veronica Domingues-Gephart, MA*  
*Kimberly DesRoches*

### Youth, Family, and Community Wellness Track

**Fetal Alcohol Spectrum Disorders Training Project – Weaving a Resilient Basket of Hope for Those with Fetal Alcohol Spectrum Disorders (1.5 CEs - Intermediate)** *Carmel A/B*  
*Carolyn Hartness*  
*Kathryn Kelly, FASD Legal Issues Resource Center*  
*Suzie Kuerschmer, MEd*

**Supporting Survivors of Domestic Violence through Routine Assessment and Community Collaboration (1.5 CEs - Intermediate)** *Golden State A*  
*Anna Marjavi, Family Violence Prevention Fund*

### General Interest Track

**Integrating Behavioral Health Into Primary Care (1.5 CEs - Intermediate)** *Golden State B*  
*Amy Brom, PsyD, Redding Rancheria Indian Health Clinic*

## Day 1: Tuesday, July 27, 2010 (Continued)

**Using Evidence-Based Interventions and Community Engagement to Treat Childhood Traumatic Stress in American Indian and Alaska Native Children and Adolescents** *Regency F*  
(1.5 CEs - All Levels)  
*Marilyn J. Bruguier-Zimmerman, MSW, National Native Children's Trauma Center*

**Collection and Analysis of Suicide Data in Support of IHS Suicide Prevention Initiatives** *Regency E*  
(1.5 CEs - Intermediate)  
*Denise Grenier, MSW, IHS*  
*Monique C. Smith, PsyD, Robert Sundance Family Wellness Center*

**Self-care Roundtable Discussions - Skills and Strategies for Self Care in Trauma Informed Context (CEs Not Available)** *Regency B*  
*Holly Echo-Hawk, MS, Echo-Hawk and Associates*

5:00 p.m. **Adjourn for the Day**

## Day 2: Wednesday, July 28, 2010

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7:00 a.m. – 8:00 a.m. **Morning Refreshments** *Regency Foyer*

7:00 a.m. – 5:00 p.m. **Registration and Information Desk** *Regency Foyer*

7:00 a.m. – 5:00 p.m. **Exhibitors and Vendors** *Regency Foyer/Corridor  
Tahoe Mezzanine*

8:00 a.m. – 9:50 a.m. **Plenary Session #3** *Regency A/B/C*

**Tribal Leader Remarks**  
*Rachel Joseph, Lone Pine Paiute-Shoshone  
Tribe of California*

## Day 2: Wednesday, July 28, 2010 (Continued)

### **Expanding the Circle: Integrating Behavioral Health Services into Multiple Settings**

(CEs Not Available)

*Peter Stuart, MD, National Psychiatry Program  
Consultant, IHS*

*Melissa Merrick, LCSW, CDC, Southcentral  
Foundation*

*Michelle Baker, MBA, Southcentral Foundation*

*Albert Allick, MD, Director, Red Lake Behavioral  
Health*

*Thea Wilshire, PhD, San Carlos Apache Wellness  
Center*

*Nikki Kirkendoll, LPC, LADC, NCC, Director,  
Oklahoma City Indian Clinic Behavioral Health  
Program*

9:50 a.m. – 10:15 a.m.

**Break**

10:15 a.m. – 11:45 a.m.

**Learning Lab Sessions #3**

### **Substance Abuse Track**

#### **Evidence-Based Motivational Interviewing (Repeat) (1.5 CEs - Intermediate)**

*Tahoe*

*Kamilla Venner, PhD, Center on Alcoholism,  
Substance Abuse, and Addictions, University of New  
Mexico*

#### **Youth Outcome Management Systems (Repeat) (1.5 CEs - Intermediate)**

*Ventura*

*Lynne Abeita, PhD, IHS*

*Tom Eaglestaff, Nevada Skies Youth Wellness Center*

*Marvin Garcia, IHS*

*Sandra Jones, Orion Health Care Technology*

## Day 2: Wednesday, July 28, 2010 (Continued)

### Mental Health Track

**Project Venture as a Suicide Prevention Approach (Repeat) (1.5 CEs - Intermediate)** *Big Sur A/B*  
*McClellan Hall, MA, Project Venture*

**VA Program for Suicide Prevention (Repeat) (1.5 CEs - Intermediate)** *Trinity*  
*Krista Stephenson, RN, MSN, Veterans Administration*

**Moving Towards a Public Health Approach to Children's Mental Illness (1.5 CEs - Entry Level)** *Santa Barbara*  
*Steven Adelsheim, MD, Center for Rural Community Behavioral Health, University of New Mexico*

### Youth, Family, and Community Wellness Track

**Victim Services Collaboration in Indian Country (Repeat) (1.5 CEs - Intermediate)** *Carmel A/B*  
*Roi Holt, U.S. Department of the Interior*  
*Linda Bearcrane-Couture, MSW, U.S. Department of the Interior Indian Affairs*

**Effects of Trauma on American Indian and Alaska Native Children (Repeat) (1.5 CEs - Intermediate)** *Golden State A*  
*Dee Bigfoot, PhD, Health Sciences Center, University of Oklahoma*

**Addressing the Special Health Care Needs of Foster Children and Their Families – Integration of Behavioral Health and Creating a Medical Home (1.5 CEs - Intermediate)** *Golden State B*  
*CAPT Dawn Wyllie, MD, IHS*  
*Julie Black Elk, PhD, La Courte Oreilles Tribal Health Center*

## Day 2: Wednesday, July 28, 2010 (Continued)

### General Interest Track

**Healing the Healer: Understanding the Medicine Wheel (Repeat) (1.5 CEs - Entry Level)** *Regency A*  
*Miguel Flores, IHS*

**Strengthening the Circle: Curriculum Development by Native Americans for HIV Prevention (Repeat) (1.5 CEs - Entry Level)** *Regency C*  
*Elton Naswood, MA, Red Circle Project*

**Self-care Roundtable Discussions - A Season of Healing for the Healer (CEs Not Available)** *Regency B*  
*Myra Mabray, LPC, LADC, Choctaw Nation Wind Horse*

11:45 a.m. – 1:15 p.m. **Lunch (On Your Own)**

1:15 p.m. – 3:05 p.m. **Plenary Session #4** *Regency A/B/C*

**A Multi-disciplinary Approach to Domestic Violence Care (2 CEs - Entry Level)**  
*RADM Christopher Halliday, DDS, MPH, Director, Division of Oral Health, IHS*  
*CAPT Clifford Brown, OD, FAAO(D), IHS*  
*Michelle Begay, MS, IHS*

3:05 p.m. – 3:30 p.m. **Break**

## Day 2: Wednesday, July 28, 2010 (Continued)

3:30 p.m. – 5:00 p.m.

### Learning Lab Sessions #4

#### Substance Abuse Track

##### **Methamphetamine and Suicide Prevention in Urban Indian Communities (Repeat)**

*Tahoe*

(1.5 CEs - Intermediate)

*Jami Bartgis, PhD, National Council of Urban Indian Health*

*Al Garcia, MSW*

*Vickie LaFromboise, MS, Native American Rehabilitation Association of the Northwest*

*Marilee Johnson-Geary, LPC-MH, South Dakota Urban Indian Health*

##### **Bridging the Gap Between Washington, DC, and Local Communities: Methamphetamine and Suicide Prevention Initiative and the Use of Technology (Repeat) (1.5 CEs - Intermediate)**

*Ventura*

*Sepriano Locario, MA, National Indian Health Board*

#### Mental Health Track

##### **American Indian Life Skills Development Curriculum (Repeat) (1.5 CEs - Intermediate)**

*Big Sur A/B*

*Teresa LaFromboise, PhD, Stanford University*

##### **Partnerships in Suicide Prevention: A Successful Collaboration in Nevada (Repeat)**

*Trintiy*

(1.5 CEs - Intermediate)

*Jason Hymer, Injury Prevention Coordinator, IHS*

*Cassandra Darrough*

*Misty Vaughan Allen, MA, Native American Rehabilitation Association of the Northwest*

*Veronica Domingues-Gephart, MA*

*Kimberly DesRoches*

## Day 2: Wednesday, July 28, 2010 (Continued)

### Youth, Family, and Community Wellness Track

**Modifying Treatment Approaches to Improve Outcomes for Individuals with Fetal Alcohol Spectrum Disorders or Other Cognitive Deficits (1.5 CEs - Intermediate)** *Santa Barbara*  
*Candace Shelton, MS, FASD Center for Excellence*

**Sexual Assault Nurse Examiners Program (SANE): An Approach to Sexual Assault (1.5 CEs - Entry Level)** *Carmel A/B*  
*Kim Day, RN, International Association of Forensic Nurses*  
*Michelle Begay, MS, IHS*

**Bureau of Indian Affairs Child Protection Team (1.5 CEs - Intermediate)** *Golden State A*  
*Linda Ketcher, PhD, LCSW, ACSW, BIA*  
*Sandra Edgman, Cherokee Nation Indian Child Welfare*

**Elder Abuse (Repeat) (1.5 CEs - Intermediate)** *Golden State B*  
*George Kanaqlak, University of Alaska*

### General Interest Track

**Grant Writing (1.5 CEs - Intermediate)** *Regency A*  
*Stanley Kusnetz, SAMSHA*

**Resource and Patient Management System (RPMS) Behavioral Health Development Update (1.5 CEs - Intermediate)** *Regency C*  
*Denise Grenier, MSW, IHS*

**Self-care Roundtable Discussions - Skills to Assessing Ones Wellness (CEs Not Available)** *Regency B*  
*CAPT Dawn Wyllie, MD, IHS*

5:00 p.m.

**Adjourn for the Day**

6:00 p.m. – 7:30 p.m.

**Awards Ceremony, Coastal Pomo Dancers and Reception** *Regency A/B/C*

## Day 3: Thursday, July 29, 2010

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7:00 a.m. – 8:00 a.m.	<b>Morning Refreshments</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Registration and Information Desk</b>	<i>Regency Foyer</i>
7:00 a.m. – 5:00 p.m.	<b>Exhibitors and Vendors</b>	<i>Regency Foyer/Corridor Tahoe Mezzanine</i>
8:00 a.m. – 10:00 a.m.	<b>Plenary Session #5</b>	<i>Regency A/B/C</i>

### **Tribal Leader Remarks**

*Diana L. Chihuahua, Vice-Chairperson, Torres  
Martinez Desert Cahuilla Indians*

### **Addressing Suicide in Indian Country Panel**

**(2 CEs - Intermediate)**

*Dale Walker, MD, One Sky Center*

*Kalvin White, PhD, Diné Department of Education*

*Alex Fragua, Optum Health New Mexico*

*Nolan Valdo, Acoma Learning Center*

*Barbara Franks, PhD, University of Alaska*

10:00 a.m. – 10:15 a.m. **Break**

10:15 a.m. – 11:45 a.m. **Learning Lab Sessions #5**

### **Substance Abuse Track**

**Building a National Perspective on Evidence-  
based Practices and Substance Abuse Treatment  
for American Indians and Alaska Natives**

**(1.5 CEs - Intermediate)**

*Douglas Novins, MD, National Center for American  
Indian and Alaska Native Mental Health Research,  
University of Colorado*

*Tahoe*

## Day 3: Thursday, July 29, 2010 (Continued)

**Utilization of Drumming for American Indians and Alaska Natives with Substance Abuse Disorders (1.5 CEs - Intermediate)** *Ventura*  
*Daniel Dickerson, DO, Center for Rural Community Behavioral Health, University of California Los Angeles*

### **Mental Health Track**

**Moving Towards a Public Health Approach to Children's Mental Illness (Repeat)** *Big Sur A/B*  
**(1.5 CEs - Intermediate)**  
*Steven Adelsheim, MD, Center for Rural Community Behavioral Health, University of New Mexico*

**Using Community-based Participatory Research to Adapt Interventions for White Mountain Apache Youth (1.5 CEs - Intermediate)** *Trinity*  
*Julia Powers, MHS, Johns Hopkins Center for American Indian Health*  
*Lauren Tingey, MPH, MSW, Johns Hopkins Center for American Indian Health*  
*Angelita Lee, Johns Hopkins Bloomberg School of Public Health*

### **Youth, Family, and Community Wellness Track**

**Bureau of Indian Affairs Child Protection Team (Repeat) (1.5 CEs - Intermediate)** *Santa Barbara*  
*Linda Ketcher, PhD, LCSW, ACSW, BIA*  
*Sandra Edgman, Cherokee Nation Indian Child Welfare*

**Bureau of Indian Education Tribal Schools: Sequoyah High School (CEs Not Available)** *Carmel A/B*  
*Carol Young, Sequoyah High School,*  
*Cherokee Nation of Oklahoma*

## Day 3: Thursday, July 29, 2010 (Continued)

### **Helping the Helpers – What IHS Personnel Should Know About Services for Children with Disabilities and Their Families**

*Golden State A*

**(1.5 CEs - Entry Level)**

*Lynne Corbin, MA, Institute for Human Development*

*Mary McLellan, PhD, Institute for Human  
Development*

*Jamie Senese, MSW, Institute for Human Development*

### **General Interest Track**

### **We Must Start Healing Now: Holistic Treatment Through the Integration of Native Culture and Tradition and Western Medicine**

*Golden State B*

**(1.5 CEs - Entry Level)**

*Harrison Jim, Sr., Fort Defiance Adolescent  
Treatment Center*

### **Behavioral Health in Alaska**

*Regency E*

**(1.5 CEs - Intermediate)**

*Kathleen Graves, PhD, Alaska Native Tribal  
Medical Center*

*Rita Pitka Blumenstein, TD, Southcentral Foundation*

*Alberta Unok*

*Xiomara Owens, MS, Alaska Native Tribal Health  
Consortium*

### **Wharerātā Declaration - International Indigenous Leaders Group**

*Regency F*

**(1.5 CEs - Advanced)**

*Rose Sones, First Nations & Inuit Health Branch  
Health Canada*

*Holly Echo-Hawk*

### **Self-care Roundtable Discussions - Please Secure Your Own Mask First**

*Regency B*

*Robbie Rubly-Burggraff, MS*

## Day 3: Thursday, July 29, 2010 (Continued)

11:45 a.m. – 1:00 p.m. **Lunch (On Your Own)**

1:00 p.m. – 2:30 p.m. **Plenary Session #6**

*Regency A/B/C*

**Co-occurring Disorders in American Indian and Alaska Native Communities and Addressing Historical Trauma (2 CEs - All Levels)**

*Maria Yellow Horse Brave Heart, PhD, Associate Professor, Columbia University School of Social Work and President of the Takini Institute*

2:30 p.m. – 2:45 p.m. **Break**

2:45 p.m. – 4:15 p.m. **Learning Lab Sessions #6**

**Substance Abuse Track**

**Building a National Perspective on Evidence-based Practices and Substance Abuse Treatment for American Indians and Alaska Natives (Repeat) (1.5 CEs - Intermediate)**

*Douglas Novins, MD, National Center for American Indian and Alaska Native Mental Health Research, University of Colorado*

*Tahoe*

**Utilization of Drumming for American Indians and Alaska Natives with Substance Abuse Disorders (Repeat) (1.5 CEs - Intermediate)**

*Daniel Dickerson, DO, Center for Rural Community Behavioral Health, University of California Los Angeles*

*Ventura*

**Mental Health Track**

**Successful Youth Advocacy for Suicide Prevention (1.5 CEs - Intermediate)**

*Eski Tenorio, Native American Youth Organized to Impact Health Policy*

*Big Sur A/B*

## Day 3: Thursday, July 29, 2010 (Continued)

### Youth, Family, and Community Wellness Track

#### Approaches to Autism in American Indian and Alaska Native Communities

(1.5 CEs - Intermediate)

*Fletcher Scott, Indian Children's Program, University of New Mexico*

*Kristen Connally, Indian Children's Program, University of New Mexico*

*Trinity*

#### Bureau of Indian Education Tribal Schools

(1.5 CEs - Advanced)

*Stanley Holder, Bureau of Indian Education*

*Santa Barbara*

#### Promoting a Safe and Healthy Environment

(1.5 CEs - Intermediate)

*Thomas Sullivan, Administration for Children and Families*

*Carmel A/B*

### General Interest Track

#### Integrating Culture and Tradition in Adolescent Treatment Centers (1.5 CEs - All Levels)

*Harrison Jim, Sr., Fort Defiance Adolescent Treatment Center*

*Golden State A*

#### Grant Writing (Repeat) (1.5 CEs - Intermediate)

*Stanley Kusnetz, SAMSHA*

*Golden State B*

#### Steps for Conducting Research and Evaluation in Native Communities (1.5 CEs - Advanced)

*Anthony Ernst, PhD, Center for Native American Excellence*

*Regency E*

4:15 p.m. – 4:40 p.m.

**Break**

## Day 3: Thursday, July 29, 2010 (Continued)

4:40 p.m. – 5:00 p.m.

### **Plenary Session #7 - Closing**

*Regency A/B/C*

#### **Closing Remarks**

*Rose Weahkee, PhD, Director,  
Division of Behavioral Health, IHS*

#### **Traditional Closing**

*Albert Titman, Sacramento Native American  
Health Center*

*American Indian Veterans Association –  
Pacific Region, Color Guard Unit*

*Sacramento Native American Health Center's  
Wellbriety Drum Group*

5:00 p.m.

### **Adjournment**

## MASTER OF CEREMONIES – HAROLD TARBELL

Harold Tarbell (Mohawk Nation at Akwesasne) has been an independent facilitator and moderator for over 14 years. He uses his 29 years of experience as a former tribal chairman, political advisor, chief executive officer, and program manager to help groups conduct productive meetings and conversations. Mr. Tarbell works with indigenous and non-indigenous governments, organizations, and communities at the local, regional, and national levels in both the United States and Canada. He can be reached at [htarbell@total.net](mailto:htarbell@total.net).

## KEYNOTE SPEAKER – MARIA YELLOW HORSE BRAVE HEART

Maria Yellow Horse Brave Heart, PhD, (Oglala Lakota) is currently Associate Professor of Social Work at Columbia University School of Social Work. Dr. Brave Heart is a licensed social worker with advanced training in psychotherapy. In addition to private practice experience, she has extensive experience in community mental health on reservations and in urban areas. She is internationally recognized for developing historical trauma and historical unresolved grief theory and interventions among American Indians. In 1992, she founded the Takini Network, a Native non-profit organization devoted to community healing from intergenerational massive group trauma among Native Peoples. She can be reached at [myb2107@columbia.edu](mailto:myb2107@columbia.edu).

## SELF-CARE ROUNDTABLES

Self Care is a topic of vital importance for all of us. It is essential for all professionals to be aware of the various types of clinical impairment, warning signs, risk factors, and ways to seek appropriate support. Join your colleagues in a safe environment to discuss pertinent issues that affect self care, such as provider burnout, compassion fatigue, and stress, and share best and promising approaches to holistic wellness. The roundtable format will consist of an initial presentation on self-care topics, followed by facilitated group discussions. The objectives of the roundtable discussions are to:

- Provide conference attendees a forum to confidentially discuss the topics of self care that are of importance to them;
- Identify ways to incorporate self-care strategies within the home and work setting; and
- Establish professional supports within the behavioral healthcare system.

## SPECIAL GUESTS

The IHS wishes to thank the following organizations and groups for their contributions to this year's conference:

- American Indian Veterans Association (Pacific Region of California) Color Guard Unit
- Coastal Pomo Dancers
- Sacramento Native American Health Center Wellbriety Drum Group

## CONTINUING EDUCATION

To receive a Continuing Education Certification, you must:

- Sign in and out of each session attended;
- Complete an evaluation for each session attended; and
- Complete the overall conference evaluation online at: <http://www.bhconference.com/evaluation>

A Continuing Education Certification will be mailed to you approximately 4 to 6 weeks from the conclusion of the conference.

16.75 Continuing Education Credits for behavioral and mental health professionals (social workers, psychologists, substance abuse counselors, licensed marriage and family therapists, and licensed professional counselors) are being offered through PsychoEducational Resources, Inc. (PER). PER is approved by the American Psychological Association to sponsor continuing education for psychologists. The individual sessions in this conference cover the following counselor skill groups: clinical assessment, ongoing treatment planning, counseling services, and case management.

PER is approved by the Psychological Association to sponsor continuing education for psychologists. PER is approved as a provider for continuing education by the Association of Social Work Boards (ASWB); 400 South Ridge Parkway, Suite B; Culpepper, VA 22701. The ASWB Approval Period is 4/15/09 – 4/15/12. Social workers should contact their regulatory board to determine course approval. The following states recognize the ASWB program: AL, AK, AZ, CT, DC, DE, GA, ID, IN, IA, KY, MA, MD, MI, MO, MS, MT, NM, NC, ND, NJ, OK, OR, PA, RI, SC, TN, TX, UT, VA, VI, VT, WA, WI, and WY. Program meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences (Provider #PCE 203). PER is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider (ACEP) and a co-sponsor of this program. PER may award NBCC approved clock hours for programs that meet NBCC requirements (Approval # 5536). Please check with your state counseling board to see if they accept the NBCC providership. PER is approved as a Continuing Education Provider by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) Provider #374. The individual sessions in conference cover the following counselor skill groups: clinical assessment, ongoing treatment planning, counseling services, and case management. PER maintains responsibility for this program and its content. For additional Continuing Education information, please call PER at 800-892-9249 or email [support@per-ce.net](mailto:support@per-ce.net). You can visit the PER website at [www.per-ce.net](http://www.per-ce.net).

## EXHIBITORS AND VENDORS

The IHS wishes to thank the exhibitors and vendors below, and participants are encouraged to visit their booths.

### EXHIBITORS

<b>Booth No.</b>	<b>Location</b>	<b>Organization</b>
1	Regency Foyer	Indian Health Service, Division of Behavioral Health (IHS / DBH)
2	Regency Foyer	California Rural Indian Health Board, Inc (CRIHB)
3	Regency Foyer	National Alliance on Mental Illness (NAMI)
4	Regency Foyer	Bureau of Indian Affairs (BIA)
5	Regency Foyer	Bureau of Indian Education (BIE)
6	Regency Foyer	Veterans Affairs (VA)
7	Regency Foyer	Abrexas Youth and Family Services (ABRAXAS)
8	Regency Foyer	Substance Abuse and Mental Health Services Administration (SAMHSA)
9	Regency Foyer	National Indian Health Board (NIHB)
10	Regency Corridor	Orion Healthcare Technology, Inc.
11	Regency Corridor	Tarzana Treatment Center
12	Regency Corridor	Family Violence Prevention Fun
13	Regency Corridor	National Council of Urban Indian Health, Inc. (NCUIH)
14	Regency Corridor	Myprevention.org
15	Regency Corridor	Keystone Treatment Center
16	Regency Corridor	National Association for Addiction Professionals (NAADAC)
17	Regency Corridor	Sacramento Native American Health Center (SNAHC)
18	Regency Corridor	Mindzinmother
19	Regency Corridor	Children's Treatment Solutions
20	Regency Corridor	Deaf and Disabled Telecommunications Program (DTTP)
21	Regency Corridor	Edventures Group, Inc.
22	Regency Corridor	Jack Brown Treatment Center
23	Regency Corridor	Fort Defiance Indian Health Board, Inc. (FDIHB)
24	Regency Corridor	SAMHSA Fetal Alcohol Spectrum Disorders Center for Excellence (FASD)
25	Regency Corridor	JBS International, Inc.

## EXHIBITORS AND VENDORS - CONTINUED

### VENDORS

<b>Booth No.</b>	<b>Location</b>	<b>Organization / Name</b>
26	Tahoe Mezzanine	Mary Tenorio
27	Tahoe Mezzanine	Lula Monroe
28	Tahoe Mezzanine	JoMarie Anton
29	Tahoe Mezzanine	Blue Corn Gallery (Eidell Wasserman)
30	Tahoe Mezzanine	Brenda Deschine
31	Tahoe Mezzanine	Lillian Jackson
32	Tahoe Mezzanine	Luwana Quitiquit
33	Tahoe Mezzanine	William Clark

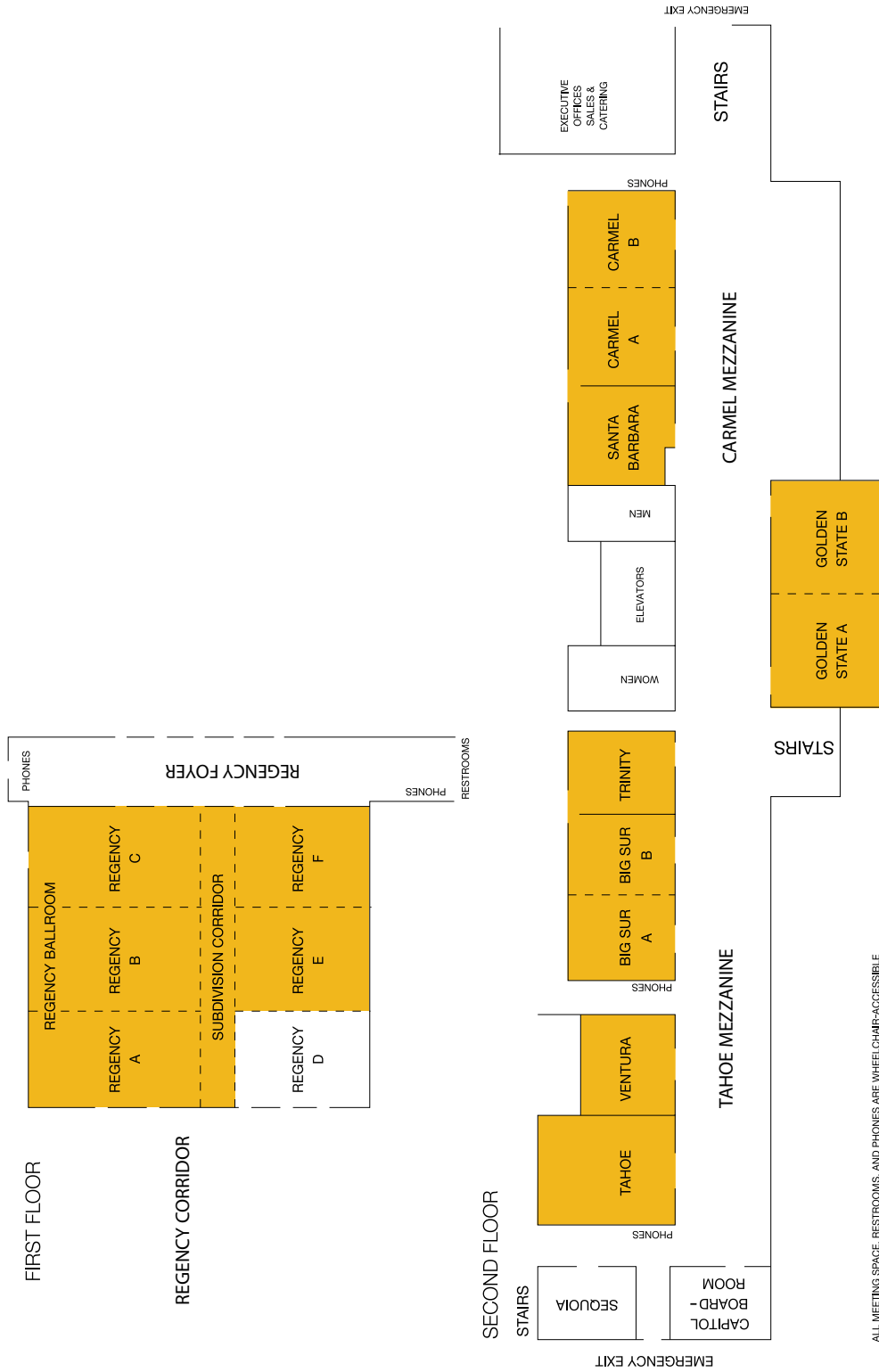
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The IHS is asking all participants, speakers, and exhibitors to please go to <http://www.bhconference.com/evaluation> and complete an online overall conference evaluation. Upon completion of the online evaluation, you will be provided a certificate of participation. Note that the completion of the online overall conference evaluation is a requirement to earning continuing education credit.

Evaluation questions may address such items as:

- Conference Location
- Conference Organization
- Agenda and Materials
- Relevance of Plenary Sessions to Your Work
- Relevance of Learning Labs to Your Work
- Whether You Would Recommend the Conference to Others
- Event in Comparison to Other Behavioral Health Conferences

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